

## §1

### Quarantine for Entrants and Returnees, Observation

- (1) Persons entering the state of Hesse from abroad by way of land, sea, or air who have spent any time within the previous ten days in a risk area (as defined in subsection 5) are required upon arrival to go immediately and directly to their own domiciles or other isolated accommodations and quarantine themselves for ten successive days. This regulation also applies to persons who have traveled to Hesse through other German federal states after having come from a risk area abroad. Such persons are not permitted to receive visitors from another household during this time.
- (2) The persons as defined by sentence 1, subsection 1 are required to contact the responsible health authorities and inform them of their status. This requirement is to be fulfilled by way of a digital entry declaration under <https://www.einreiseanmeldung.de>.
- (3) The persons as defined by sentence 1, subsection 1 are furthermore required to inform the responsible health authorities immediately if any symptoms consistent with a SARS-CoV-2 infection should appear.
- (4) The persons as defined by sentence 1, subsection 1 are subject to observation by the responsible health authorities.
- (5) Risk areas are defined under <https://www.rki.de/covid-19-risikogebiete>.

## §2

### Exceptions

- (1) Persons who enter Hesse only in transit.
- (2) Persons who have spent fewer than 24 hours in a risk area or who will stay in Hesse for fewer than 24 hours.
- (3) Persons whose stay in a risk area will not exceed 72 hours and who have mandatory and urgent business to carry out. The employer or contracting authority must attest to this imperative.
- (4) Under the adherence of a hygiene concept, persons
  - a. who have their residence in Hesse and—because of whose mandatory professional practice—must regularly (at least once a week) visit a risk area and return to their residence (cross-border commuters).
  - b. who have their residence in a risk area and—because of whose mandatory professional practice—must regularly (at least once a week) visit Hesse and return to their residence (cross-border commuters).
- (5) Persons who—because of whose mandatory professional practice—have stayed in a risk area for up to five days or are entering Hesse for that reason. The employer or contracting authority must attest to this imperative.
- (6) In justified cases and upon request, the responsible health authority may grant further exceptions given the existence of valid reasons.

§3

Reduction of Quarantine Time

- (1) The quarantine (in accordance with §1, subsection 1, sentence 1) ends at the earliest from the fifth day after entry when a person has a negative SARS-CoV-2 test result in paper or electronic form in German, English, or French and can present this upon request to the responsible health authority within ten days of entry.
- (2) The test must have been completed at least five days after entry into Germany.
- (3) Persons with a reduced quarantine time must immediately inform the responsible health authorities if any symptoms consistent with a SARS-CoV-2 infection should appear within ten days of entry.